AUGUST
2026

NEWS LETTER











RASHID LATIF KHAN UNIVERSITY

RASHID LATIF MEDICAL COLLEGE

RLKU MEDICAL & DENTAL COLLEGE

HAMEED LATIF TEACHING HOSPITAL

ARIF MEMORIAL TEACHING HOSPITAL

RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026

The Health & Education Summit Pakistan (HESP) 2026, organised by the Rashid Latif Khan Group (RLKG), brought together distinguished government leaders, regulators, ambassadors, policymakers, healthcare professionals, educators, researchers, industry leaders, international partners and youth on one national platform.

Built around the three pillars of Policy, Progress and Partnership, HESP 2026 created a space for meaningful dialogue, knowledge exchange and collaboration to address Pakistan's evolving healthcare and education priorities.

Government & Diplomatic Engagement

The Summit welcomed distinguished government representatives, ambassadors and national and international stakeholders, reinforcing the importance of cross-sector and international collaboration in advancing Pakistan's healthcare, education and human-capital agenda.

romDialogue to Action

HESP featured thought-provoking keynotes, policy discussions, expert panels and stakeholder dialogues addressing critical issues across healthcare, medical education, health professions education, research, innovation, workforce development, medical tourism and international collaboration.

The conversations focused not only on identifying challenges, but also on developing practical pathways and partnerships for measurable progress.

HESP 2026 Declaration

A significant milestone of the Summit was the HESP 2026 Declaration, bringing together insights and recommendations emerging from stakeholder consultations and Focus Group Discussions. The Declaration reflects a collective commitment to translating dialogue into action, collaboration and policy outcomes.

Celebrating Excellence & Impact

The HESP Awards 2026 recognised individuals and institutions demonstrating exceptional achievement, leadership, innovation and measurable impact across healthcare, education, research, technology, entrepreneurship, community development and international engagement.

HESP Expo

The HESP Expo provided a dynamic platform for universities, colleges, hospitals, healthcare organisations, technology companies, industry partners and international institutions to showcase their services, innovations and opportunities while engaging directly with stakeholders.

RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026

Building Partnerships

HESP 2026 created opportunities for institutional networking, diplomatic engagement, knowledge exchange, business connections and future partnerships, connecting Pakistan's healthcare and education ecosystem with national and international opportunities.

The HESP Vision

HESP is more than a summit. It is an evolving platform for bringing together Policy, Progress and Partnership to strengthen healthcare, education, human capital and innovation for national development.

HESP 2026 by RLK Group — Connecting Leaders. Advancing Knowledge. Building Partnerships. Creating Impact.























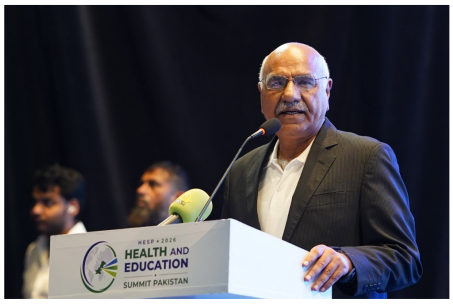


RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026















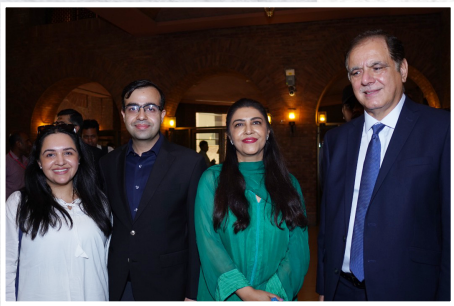
















RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026































RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026



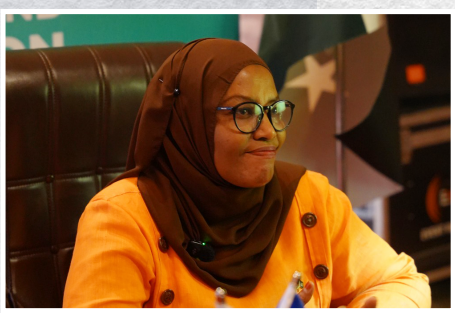




























RASHID LATIF KHAN UNIVERSITY (RLKU)

HEALTH & EDUCATION SUMMIT PAKISTAN (HESP) 2026
















RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU SIGNED MOU WITH ASKARI BANK

Digital and Employee Banking Benefits

RLK Group has signed an MoU with Askari Bank to provide the following banking benefits to its employees:

Salary accounts with no minimum balance or initial deposit requirement.

Free Visa Gold or Platinum Debit Cards, based on salary level, with no annual renewal fee.

Free cheque books, digital banking, IBFT, SMS alerts, intercity transactions and WhatsApp banking.

Accidental death insurance coverage of up to PKR 700,000.

Cardless cash withdrawals through Askari Bank ATMs.

Access to advance salary loans and discounted credit cards, personal finance and consumer-product financing.

Preferential financing options for vehicles, homes and solar systems.

All financing facilities are subject to Askari Bank's eligibility criteria, applicable terms and conditions, and approval.









MOLECULAR BIOSCIENCES CONDUCTED A PRE-CONFERENCE WORKSHOP

The Department of Molecular Biosciences conducted a pre-conference workshop, "Small Molecules to Medicine: A Hands-On Workshop on Molecular Docking and Computer-Aided Drug Design (CADD)," as part of STUCON 2026. Participants gained practical experience in molecular docking and computational drug discovery techniques. The workshop enhanced their understanding of modern drug development approaches and their applications in biomedical research.







RASHID LATIF KHAN UNIVERSITY (RLKU)

8TH NATIONAL HANDS-ON TRAINING WORKSHOP

Training Workshop on Advanced Bioinformatics & Molecular Biotechnology

Ms. Shehla Javaid and Mr. Nouman Ali, faculty members of the Department of Molecular Biosciences, Faculty of Physical and Biological Sciences, attended the 8th National Hands-on Training Workshop on Advanced Bioinformatics & Molecular Biotechnology, hosted by the Faculty of Science & Technology, University of Central Punjab, on August 20th & 21st, 2026, as part of their faculty development. The workshop offered valuable hands-on exposure to advanced techniques and emerging trends in bioinformatics and molecular biotechnology. Their participation reflects the department's continued emphasis on faculty growth and staying abreast of the latest developments in the field.









SCIENTIFIC SESSION AT THE 3RD INTERNATIONAL STUCON

DEPARTMENT OF MOLECULAR BIOSCIENCES

The Department of Molecular Biosciences, Faculty of Physical and Biological Sciences, proudly conducted a Scientific Session at the 3rd International StuCon, bringing together students and researchers to share cutting-edge insights in molecular biology and allied sciences. The session featured stimulating presentations, discussions, and knowledge exchange among budding scientists and experts alike. This platform reaffirmed the department's commitment to fostering research excellence and scientific collaboration on an international scale.













STRENGTHENING ACADEMIC EXCELLENCE: BOS MEETING

DEPARTMENT OF MOLECULAR BIOSCIENCES

The Department of Molecular Biosciences, Faculty of Physical and Biological Sciences, successfully conducted its Board of Studies meeting, bringing together faculty members and academic experts to review and enhance the department's curriculum and academic policies. The meeting focused on strengthening course content, aligning programs with evolving industry and research standards, and ensuring continued academic excellence. This reflects the department's ongoing commitment to quality education and continuous curriculum development.







PANEL DISCUSSION

Climate Change and Mental Health - Inaugural Green Café Circle Drive

The Discover Psychology Foundation (DPF) extended an invitation to Ms. Aqsa Bukhari, Head of Psychology Department at RLKU to serve as a Distinguished Panel Speaker at the inaugural Green Café Circle Drive, a youth-led awareness initiative promoting environmental sustainability, climate action, and mental well-being.

The inaugural event was scheduled as a LinkedIn Live panel discussion focusing on the theme Climate Change and Mental Health. The session aimed to bring together experts, researchers, practitioners, policymakers, and youth leaders to explore the psychological impact of climate change and discuss practical, community-driven approaches to building climate resilience and promoting mental well-being.

The discussion provided an opportunity to highlight the important intersection between environmental challenges and psychological health. Through meaningful dialogue and knowledge-sharing, the initiative sought to encourage greater awareness, community engagement, and collective action among young people.





PRECONFERENCE WORKSHOP - STUCON

Understanding and Recovering from Narcissistic Abuse: An Integrated Approach

The Department of Professional Psychology at Rashid Latif Khan University organized a pre-conference workshop as part of STUCON 2026. The session was led by Ms. Sara Ishaq, Clinical Psychologist at Punjab Institute of Mental Health, Lahore. The workshop focused on Narcissistic Personality and Narcissistic Abuse, providing students with an in-depth understanding of narcissistic personality traits, underlying contributing factors, and the dynamics of abuse associated with this personality pattern. Ms. Sara Ishaq also discussed the psychological impact of such experiences and explored the process of recovery and factors that can facilitate healing following encounters with narcissistic abuse.

The session proved to be highly informative and insightful for both students and faculty members. An interactive discussion followed, during which students actively participated, shared their perspectives, and raised thought-provoking questions. This engagement enhanced the learning experience and added significant value to the overall workshop.







3rd INTERNATIONAL STUCON -MAIN CONFERENCE

Scientific Session

The 3rd International StuCon, organized by Rashid Latif Medical College, provided a vibrant academic platform for students to showcase their research and scholarly work through oral presentations and poster displays. As part of the event, the Department of Professional Psychology hosted a dedicated scientific session, offering students an opportunity to present their research in the field of psychology. The session featured enthusiastic participation from students of Rashid Latif Khan University (RLKU), University of Management and Technology (UMT), and University of the Punjab (PU).The diversity of research topics and perspectives contributed to a stimulating and academically enriching session.

The session was chaired by Dr. Nida Zafar, Head of Department at Lahore Garrison University, and co-chaired by Dr. Sadia Khan, Assistant Professor at the University of Management and Technology, and Ms. Kainat Yousaf, Lecturer at the University of Management and Technology. The esteemed judges provided valuable feedback, constructive critiques, and insightful suggestions to the presenters, further enhancing the academic and learning value of the session. Overall, the event proved to be a resounding success, highlighting the research potential, enthusiasm, and dedication of students. Their active participation and commitment to academic excellence made the session a truly inspiring and worthwhile experience.







HESP THINK TANK

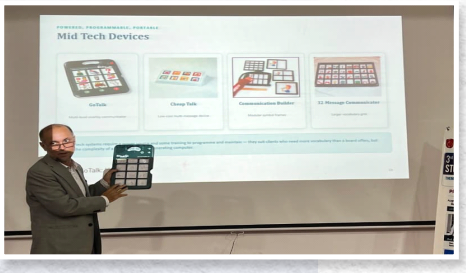
The Allied Health Sciences (AHS) Stream of the Health & Education Summit Pakistan (HESP) 2026 successfully conducted a series of three Focus Group Discussions (FGDs) as part of its Think Tank initiative, moderated by Prof. Dr. Atia Ur Rehman. The sessions were held under three progressive themes—Needs Assessment, Capacity Building, and Readiness—at Rashid Latif Khan University (RLKU), the University of Lahore (UOL), and the University of the Punjab, respectively. The discussions brought together distinguished stakeholders from academia, government, regulatory bodies, healthcare institutions, industry, legal and economic sectors, and the international AHS community. The sessions explored the current landscape and challenges of Allied Health Sciences, examined policy, regulatory and governance gaps, and developed practical recommendations for strengthening education, workforce planning, regulation, employment, professional development, rehabilitation services, research, AI and digital health, and international mobility. The three sessions collectively provided a strong stakeholder-driven foundation for the HESP 2026 policy agenda and future development of Allied Health Sciences in Pakistan.





PRE-CONFERENCE WORKSHOP ON AUGMENTATIVE AND ALTERNATIVE COMMUNICATION (AAC) RESOURCES AND DEVICES USED IN SPEECH THERAPY

A pre-conference workshop on Augmentative and Alternative Communication (AAC) resources and devices used in speech therapy was organized by Department of Speech and Language Pathology to enhance participants' practical knowledge and skills. Facilitator of the Workshop was Prof. Dr. Sikandar Ghayyas Khan, HOD SLP department in University of Lahore. The workshop introduced participants to a range of low- and high-tech AAC tools and their applications in clinical practice. Through demonstrations and interactive activities, participants explored ways to support functional communication and improve therapy outcomes. The session provided valuable hands-on learning for speech-language professionals and students.






PRE-CONFERENCE WORKSHOP ON "GLOBAL HEALTH CHALLENGES & LOCAL SOLUTIONS."

The Department of Medical Imaging Technology (MIT), FAHS, RLKU, proudly presents its Pre-Conference Workshop as part of the 3rd International StuCon 2026, themed "Global Health Challenges & Local Solutions."

This interactive session of pre-conference workshop titled "Tips and Tricks of Diagnostic Ultrasound for Beginners" on 11 August 2026 provided students with valuable practical insights into diagnostic ultrasound techniques, image optimization, and essential scanning tips, highlighting RLKU's commitment to quality education and professional development in the field of medical imaging.

The workshop was facilitated by Prof. Dr. Raham Bacha (Associate Professor, UIRSMIT / Head of Postgraduate Programs, University of Lahore), for sharing his expertise with our participants.



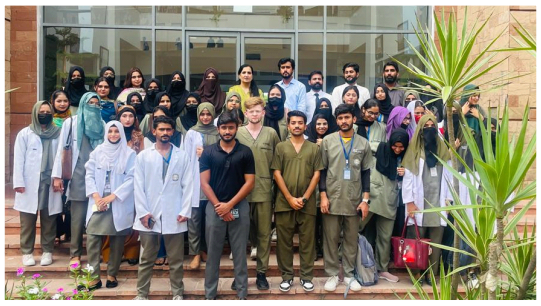


PRE-CONFERENCE WORKSHOP TITLED "EMERGING TRENDS IN OPERATION THEATER TECHNOLOGY: INNOVATION IN SHAPING THE FUTURE OF SURGICAL CARE."

The Department of Operation Theater Technology (OTT), Faculty of Allied Health Sciences, RLKU, successfully organized a pre-conference workshop titled "Emerging Trends in Operation Theater Technology: Innovation in Shaping the Future of Surgical Care."

The workshop was facilitated by a Muhammad Tahir Latif, HOD OTT Department, PKLI who highlighted recent advancements, innovative technologies, and emerging practices in surgical and operation theater care. The session provided participants with valuable insights into modern surgical technologies, patient safety, and the evolving role of Operation Theater Technologists.





BOARD OF STUDIES MEETINGS OF FACULTY OF ALLIED HEALTH SCIENCES, RLKU

The Board of Studies meetings of various departments of the Faculty of Allied Health Sciences were successfully conducted, including Speech-Language Pathology (SLP), Optometry (OPTO), Medical Laboratory Technology (MLT), and Medical Imaging Technology (MIT) and Operation Theater Technology (OTT). The meetings focused on reviewing academic programs, curricula, and related academic matters. Faculty members and academic experts shared valuable recommendations to enhance teaching and learning. The meetings reflected the faculty's commitment to maintaining academic quality and excellence.









RASHID LATIF MEDICAL COLLEGE (RLMC)

HESP 2026| FOCUS GROUP SESSIONS

As part of the RLKU Health & Education Summit Pakistan (HESP) 2026, Rashid Latif Medical College successfully hosted the Medical Stream Focus Group Discussions, bringing together distinguished experts and stakeholders from academia, regulatory bodies, government, healthcare institutions, professional organizations, and international partners. The discussions explored critical dimensions of Pakistan's healthcare and health professions education landscape, beginning with "Mapping Pakistan's Healthcare & Health Professions Education Landscape: Contributions, Capacity & National Potential," followed by discussions on "Designing Solutions: Building a Competitive, Sustainable & Globally Connected Healthcare and Health Professions Education System." Key areas of dialogue included competency-based education, workforce development, governance, quality assurance, accreditation, licensing, regulation, and global collaboration. The focus groups provided a platform for meaningful exchange of evidence-informed perspectives, collaborative problem-solving, and strategic recommendations that will contribute to shaping the HESP 2026 policy framework and strengthening the future of healthcare and health professions education in Pakistan.

We extend our sincere appreciation to all distinguished participants for their valuable insights, expertise, and commitment to shaping a stronger, responsive, future-ready, and globally connected healthcare and health professions education system in Pakistan.

Together, we are shaping the future of healthcare and health professions education in Pakistan.















CELEBRATING EXCELLENCE| HEC ACCREDITATION OF THE JOURNAL OF RASHID LATIF MEDICAL COLLEGE (JRLMC)

Departent of Medical Education

Rashid Latif Medical College proudly celebrates the successful HEC accreditation of the Journal of Rashid Latif Medical College (JRLMC), marking another significant milestone in the institution's continued journey of academic excellence, research, and scholarly contribution.

On this achievement, Prof. Dr. Tahir Masood acknowledged and appreciated the dedication and sustained efforts of the JRLMC Editorial Team, with special recognition for Prof. Dr. Mudassar Ali, Dr. Kainat Javed, and the entire editorial team. Their commitment, perseverance, and passion for advancing scholarly publishing have played a pivotal role in achieving this important recognition.

Rashid Latif Medical College extends its heartfelt congratulations to the entire JRLMC Editorial Team on this well-deserved accomplishment. This recognition reflects RLMC's growing commitment to strengthening a culture of research, academic publishing, and knowledge creation, while paving the way for many more achievements in the years ahead.








RESEARCH CELL - AMCORE '26

Celebrating Research Excellence

Rashid Latif Medical College proudly celebrates the outstanding achievements of its student researchers at AMCORE '26, organized by Ameer-ud-Din Medical College, Lahore. Waniya Atta (4th Year MBBS) secured 1st Place in Oral Presentation with a PKR 30,000 cash prize for her research on "Is Hyperprogesteronemia a Missing Link in Thyroid-Related Infertility?", while Safia Umair (2nd Year MBBS) received a Certificate of Recognition for Paper Presentation for her study on NSAID and caffeine consumption. These achievements reflect RLMC's continued commitment to nurturing research excellence and scientific inquiry among future healthcare professionals.



RASHID LATIF MEDICAL COLLEGE (RLMC)

STATICE HEALTH RLMC

The Statice Health RLMC team, along with dedicated volunteers, visited Binte Fatima Old Age Home to promote healthy ageing, mental well-being, and meaningful human connection. Moving beyond conventional health awareness activities, the visit focused on companionship, conversation, shared moments, and emotional well-being, recognizing that caring for older adults extends far beyond physical health. The team aimed to create a warm and supportive space where the residents felt valued, heard, and remembered, while reflecting on the importance of giving our elders the time, respect, and care they deserve.








VFAHT X RLMC | BLOOD DONATION DRIVE

The VFAHT x RLMC team actively participated in the Blood Donation Drive, setting up a stall to engage the community through games and activities while raising funds for a meaningful cause. We extend our sincere appreciation to all the generous blood donors whose contribution can help save lives and support those in need.






RASHID LATIF MEDICAL COLLEGE (RLMC)

RLMC STUDENT TRIUMPHS IN KICKBOXING

Celebrating Excellence

Anas Rehman (4th Year MBBS) proudly represented Rashid Latif Medical College at a kickboxing bout held at Brave Gym, Packages Mall Lahore, emerging victorious in the competition. Balancing the rigorous demands of medical education with his passion for combat sports, Anas exemplifies the determination, discipline, and versatility of RLMC's future healthcare professionals, proving that excellence can be pursued both inside and outside the classroom.







SIDE QUEST CAFÉ OPENS AT RLMC

RLMC welcomed Side Quest Café to campus as the specialty coffee shop officially opened its doors. Offering unique flavours and a fresh café experience, Side Quest Café is set to become a new favourite spot for students and staff at RLMC. We extend our best wishes to the team on this exciting new beginning.









POST-STUCON SEMINAR

Rashid Latif Medical College hosted the Post-STUCON Seminar on "Global Health Pathway," bringing together healthcare professionals and international experts from the UK, USA, Australia, Canada, Saudi Arabia, and Dubai. The seminar provided an enriching platform to explore international opportunities, global career pathways, and the evolving landscape of healthcare beyond borders, inspiring students and young healthcare professionals to pursue excellence on a global stage.



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RASHID LATIF MEDICAL COLLEGE (RLMC)

RLMC NATIONAL ALUMNI ASSOCIATION ELECTIONS 2026| ELECTION COMMISSION

ALUMNI CELL

Rashid Latif Medical College proudly announces the Election Commission for RLMC's 1st National Alumni Elections. The Commission was entrusted with overseeing the electoral process to ensure transparency, fairness, and integrity throughout the elections. The three participating panels — The Reformers, The Revolutioners, and Nexus Visionaries — brought diverse perspectives and aspirations to the electoral process, marking an important milestone in strengthening the RLMC alumni community and its continued legacy.









RAVISH × RLMC MEDICAL CAMP

Rashid Latif Medical College, in collaboration with RAVISH, organised a medical camp dedicated to serving the community through accessible healthcare and compassionate care. The initiative reflects a shared commitment to creating meaningful impact, promoting well-being, and reaching those who need support the most. Through every consultation and interaction, the team continues to demonstrate that small steps can create meaningful change.







RASHID LATIF MEDICAL COLLEGE (RLMC)

2nd ALUMNI DINNER

The 2nd Alumni Dinner of Rashid Latif Medical College brought together distinguished alumni, faculty, and leadership for an evening of cherished memories, meaningful connections, and celebration. The gathering provided a wonderful opportunity to reconnect with old friends, build new relationships, and strengthen the growing RLMC alumni network. As the RLMC community continues to grow, such occasions reaffirm the enduring bonds and shared legacy that unite its members.








STUCON'26

Concept to Action Society – A Celebration of Ideas & Impact

The Concept to Action Society event, held on 24th August, brought together enthusiastic students from medical colleges across Lahore, creating a vibrant platform for creativity, innovation, collaboration, and action.

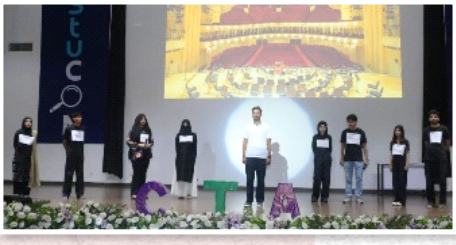
Congratulations to the winners:

1st Position – KEMU | 2nd Position – FJMU | 3rd Position – Shalamar Medical College

Our sincere appreciation to Prof. Mudassar, Prof. Sadia Islam, Prof. Sumera, and the entire organising team for their vision, dedication, and tireless efforts in making this event a success.

A special appreciation to the RLMC team for their exceptional coordination and commitment.





3rd INTERNATIONAL STUCON 2026

Rashid Latif Medical College successfully hosted the 3rd International Student Conference (STUCON) 2026, bringing together 40+ medical colleges, universities, and institutions from across Pakistan, alongside distinguished national and international delegates, speakers, researchers, faculty, and students. The conference served as a dynamic platform for research, innovation, academic exchange, student leadership, and global collaboration, reflecting RLMC's commitment to excellence in medical and health professions education. The programme commenced with 40+ pre-conference workshops, providing participants with opportunities for hands-on learning and professional development. Day 0 featured the Intercollegiate Mind Merge Quiz Competition and Pitch Perfect, where students demonstrated their knowledge, creativity, critical thinking, and innovative ideas, and concluded with a memorable Alumni Dinner, bringing together the RLMC alumni community for an evening of connection and celebration. . It also featured the Intercollegiate Role Play Competition – "Concept to Action," where students transformed real-world scenarios into engaging performances, demonstrating creativity, teamwork, communication, and critical thinking.

The formal proceedings continued on Day 1 with the grand Inauguration and Opening Ceremony, graced by Prof. Rashid Latif, Ms. Sabahat Khan, Prof. Tahir Masood, and Dr. Farrukh Zaman, while Muhammad Ahmad Khan, Chief Guest Speaker, Punjab Assembly, joined the conference as Chief Guest, adding significance to the occasion and recognising the importance of student-led academic initiatives. Day 1 featured the Oral Presentation Competition, providing young researchers with an opportunity to present their work before expert judges, alongside MOHER, MedMaze, which brought together participants from different institutions for meaningful academic engagement and interdisciplinary exchange. The day continued with an exciting Social Event and Gala Dinner, creating opportunities for participants from across Pakistan to connect, celebrate, and build lasting memories.

Day 2 highlighted the exceptional research capabilities of students through the Poster Presentation Session, featuring research across MBBS, BDS, Dentistry, DPT, Allied Health Sciences, Nutrition, Nursing, Basic Sciences, Public Health, and Physiological and Biological Sciences. Followed by final rounds of MOHER.

A significant feature of STUCON 2026 was its international academic engagement under the theme "Global Health Challenges and Local Solutions," with international speakers and facilitators bringing perspectives from leading institutions and healthcare systems around the world. The international faculty included Muhammad Burhan Tahir, Dr. Taimoor Asif, Dr. Zakaria Garara, Resident Doctor Mahtab Zafar, Dr. Hadi Chisti, Dr. Zia Ul Haq, Dr. Mishaal Iftikhar. Their participation enriched the conference with diverse international perspectives and meaningful discussions on global healthcare challenges and locally relevant solutions.

The day continued with the Post-StuCon Seminar by APPNA, HESP'26, Career Couselling Seminar and an address by Qasim Ali Shah bringing together healthcare professionals and international experts to explore global opportunities, international career pathways, and the future of healthcare beyond borders. Day 2 concluded with a grand Closing Ceremony, celebrating the achievements of participating students, researchers, faculty, delegates, and organisers and bringing the three-day celebration of knowledge, research, innovation, and collaboration to a memorable close.

RASHID LATIF MEDICAL COLLEGE (RLMC)

3rd INTERNATIONAL STUCON 2026

.The success of STUCON 2026 was driven by the visionary leadership and dedicated efforts of its chief organisers, Dr. Kainat Javed, Prof. Mudassir Ali, and Prof. Sadia Qureshi, whose strategic direction and commitment were instrumental in bringing together a conference of this scale. Equally commendable were the efforts of the student committees, whose tireless work, coordination, creativity, teamwork, and ownership ensured the smooth execution of the conference's extensive programme. From 40+ pre-conference workshops and academic competitions to research presentations, MOHER, "Concept to Action," social events, the Gala Dinner, Post-STUCON Seminar, and Closing Ceremony, the students demonstrated exceptional leadership and organisational capabilities. The 3rd International STUCON 2026 concluded as a celebration of research excellence, student leadership, innovation, and international collaboration, further strengthening RLMC's commitment to creating opportunities for young healthcare professionals to learn, connect, compete, and contribute to the future of healthcare.





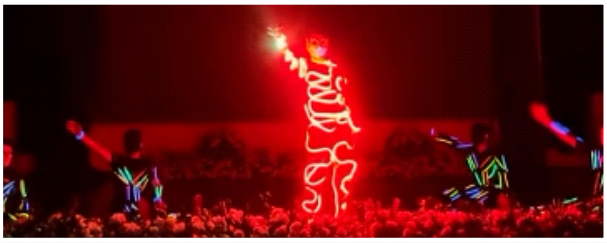


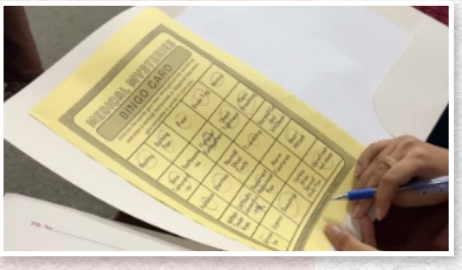


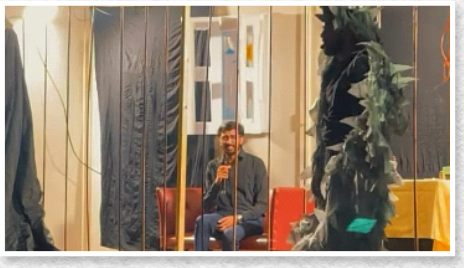
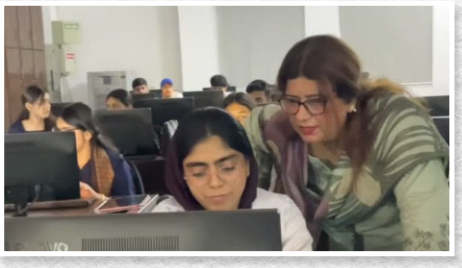



RASHID LATIF MEDICAL COLLEGE (RLMC)

3rd INTERNATIONAL STUCON 2026

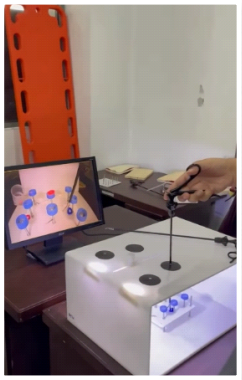









STUCON'26

60 PRE-CONFERENCE WORKSHOPS

As part of STUCON 2026, RLMC successfully organised 60 pre-conference workshops across different departments, providing students with diverse opportunities for hands-on learning, skill development, and practical exposure. The workshops reflected STUCON's commitment to empowering students beyond the classroom through interactive learning and professional development.












RASHID LATIF MEDICAL COLLEGE (RLMC)

RLMC INTERNATIONAL CLINICAL EXCELLENCE PROGRAM

As part of the ongoing RLMC International Clinical Excellence Program, Rashid Latif Medical College continues to bring global clinical expertise to its learners through engaging academic sessions and international mentorship. In the upcoming session, Dr Mehreen Awan, Clinical Instructor (PLAB, UK), will lead an insightful discussion on Pain Ladder Analgesia, focusing on case-based learning, evidence-based clinical approaches, practical clinical pearls, and interactive discussion and an insightful international clinical session on "Head Injury: CT Scan Guidelines," led by Dr. Zainab Mansoor, Resident in General Medicine at Ulster Hospital, UK, who also serves as Program Director. The session focused on strengthening clinical decision-making through case-based discussions, evidence-based approaches, clinical pearls, and interactive Q&A. The sessions are designed to enhance clinical reasoning and decision-making among 4th Year and Final Year Medical Students, House Officers, and Postgraduate Trainees, further strengthening their understanding of effective patient care. Through this continuing initiative, RLMC remains committed to fostering global collaborations, international learning opportunities, and excellence in medical education.





UNIVERSITY OF SARGODHA CONDUCTS ANNUAL ACADEMIC VISIT TO RASHID LATIF COLLEGE OF PHARMACY

Strengthening Academic Standards and Quality Assurance in Pharmaceutical Education

Rashid Latif College of Pharmacy (RLCP) had the privilege of hosting the delegation from the **University of Sargodha** during their annual academic visit to the college.

The visiting delegation was warmly welcomed by **Prof. Dr. Humayun Riaz, Principal, Rashid Latif College of Pharmacy**, **DEAN, FOPS, RLKU** along with the faculty members. During the visit, the delegation held a productive interaction with the Principal and faculty and discussed various aspects of academic planning, teaching and learning practices, and quality assurance in pharmaceutical education.

As part of the annual academic review, the delegation examined the **semester implementation process and course folders** maintained by the faculty. The review included an assessment of academic documentation, course planning, teaching activities, and implementation of the prescribed academic requirements. The inspection provided an opportunity to review the college's academic practices and ensure alignment with established standards.

Prof. Dr. Humayun Riaz appreciated the visit of the University of Sargodha delegation and emphasized the college's commitment to **academic excellence, quality assurance, effective curriculum implementation, and continuous improvement in pharmaceutical education**.

The visit concluded on a positive note, reflecting the shared commitment of both institutions towards maintaining high academic standards and fostering an environment of excellence in pharmacy education.

Rashid Latif College of Pharmacy

Excellence in Pharmaceutical Education, Research & Professional Development







PROF. DR. HUMAYUN RIAZ PARTICIPATES IN HIGH-LEVEL PPC–PPA MEETING ON ADVANCED PHARMACY SERVICES

The Punjab Pharmacy Council (PPC) and the Pakistan Pharmacists Association (PPA) held a high-level meeting at Four Points by Sheraton to discuss implementing advanced pharmacy services in accordance with the **DRAP Act, 2012**. **Prof. Dr. Humayun Riaz, Principal, Rashid Latif College of Pharmacy (RLCP) and Dean, Faculty of Pharmaceutical Sciences, Rashid Latif Khan University (RLKU),** participated in the important professional meeting. Key discussions focused on the **implementation of pharmacist-led immunization programs** and the potential role of **pharmacists as independent prescribers** following accredited training and competency assessment.

The deliberations were informed by **Good Pharmacy Practice (GPP) standards of FIP, WHO guidelines, and successful international models** of advanced pharmacy practice. Following extensive discussion, it was unanimously agreed that the **Punjab Pharmacy Council and Pakistan Pharmacists Association would jointly constitute a committee** to develop course curricula, training modules, competency requirements, and implementation guidelines for these advanced pharmacy services in Punjab. **Prof. Dr. Humayun Riaz's** participation reflects his continued commitment to the **professional advancement of pharmacists, contemporary pharmacy practice, and strengthening patient-centred healthcare services**.



PROF. DR. HUMAYUN RIAZ VISITS CEO DRAP TO EXTEND CONGRATULATIONS ON SITARA-E-IMTIAZ

Prof. Dr. Humayun Riaz, Principal, Rashid Latif College of Pharmacy (RLCP) and Dean, Faculty of Pharmaceutical Sciences, Rashid Latif Khan University (RLKU), visited the office of **Dr. Obaidullah, Ph.D., MPH, Chief Executive Officer, Drug Regulatory Authority of Pakistan (DRAP)** and extended his heartfelt congratulations on the prestigious conferment of the **Sitara-e-Imtiaz**. During the meeting, **Prof. Dr. Humayun Riaz** conveyed his appreciation and best wishes, acknowledging the distinguished contributions and services rendered to the pharmaceutical and healthcare sector.



The meeting provided an opportunity for a warm and cordial interaction and reflected the shared commitment towards the **advancement of pharmacy education, pharmaceutical regulation, and healthcare services in Pakistan**. The visit further highlighted **Prof. Dr. Humayun Riaz's** continued engagement with key stakeholders and his commitment to strengthening collaboration between academia and the pharmaceutical regulatory sector.



RLKU MEDICAL COLLEGE (RLKUMC)

4th SESSION OF THE CLINICO-PATHOLOGICAL CONFERENCE (CPC)

RLKU Medical College, Lahore conducted the 4th session of the Clinico-Pathological Conference (CPC) on Thursday, 20 August 2026.

The session featured a case presentation by the Department of Ophthalmology and 4th Year MBBS students, providing an academic platform for discussion and clinical correlation. Faculty members from Clinical Sciences, Pathology and Radiology attended the session and contributed to the academic discussion.

The CPC provided an opportunity for students and faculty to strengthen clinical reasoning, enhance interdisciplinary learning and relate clinical findings with pathological and radiological perspectives.







15th JOURNAL CLUB

The 15th Journal Club Session was successfully conducted on 19 August 2026 as part of the institution's ongoing commitment to promoting scholarly discourse and evidence-based medical learning. The session was presented by Dr. Farwa Liaqat from the Department of Medicine, who delivered a comprehensive and critical appraisal of the selected research article. The presentation highlighted key clinical insights, contemporary evidence and their practical implications in modern medical practice.

Faculty members from Medical and Allied Departments actively participated in the discussion, contributing valuable academic perspectives and fostering an environment of intellectual engagement and collaborative learning.

The Principal, Prof. Arif Mahmood Siddiqui, appreciated the presenter and participants for their scholarly contribution and reiterated the importance of such academic activities in nurturing a strong research-oriented learning environment within the institution.





RLKU MEDICAL COLLEGE (RLKUMC)

EMERGENCY PREPAREDNESS TRAINING SESSION

RLKU Medical College is pleased to report the successful completion of the emergency response training session held on 01 September 2026, at the Assembly Area in front of the College Building. The session was conducted by the 1122 Emergency Department and focused on essential emergency preparedness, including fire safety, first aid procedures and general response protocols.

Faculty members, students and paramedical staff actively participated in the session, demonstrating a shared commitment to enhancing safety awareness across the campus. The team from Rescue 1122 provided practical demonstrations and expert guidance, covering key skills such as the proper use of fire extinguishers, basic first aid techniques including CPR and effective evacuation procedures during emergencies.

The college administration extends its sincere appreciation to the Rescue 1122 team for their professionalism and to all attendees for their engagement and enthusiasm. Sessions like these play a vital role in strengthening the institution's emergency readiness and ensuring the well-being of all members of the college community.



RLKU Medical College remains committed to organizing regular training sessions and awareness programs aimed at fostering a safe and prepared campus environment.



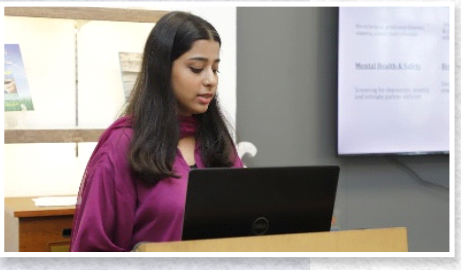




STUCON PRE-CONFERENCE WORKSHOP ON ANTENATAL CARE: PROMOTING MATERNAL AND FETAL HEALTH

The Department of Obstetrics & Gynaecology RLKUMC/Hameed Latif Teaching Hospital successfully conducted a preconference workshop on "Antenatal Care: Importance for Maternal and Fetal Health" under the guidance of Prof. Dr. Shaila Anwar. Fourth-year MBBS students Gulsika Kashif and Ruhma Zahid delivered an informative presentation highlighting the importance of antenatal care. Following the presentation, the students actively participated in hands-on skill stations, including per-abdominal examination and proper filling of antenatal care cards, providing them with an opportunity to apply their theoretical knowledge in a practical clinical setting.

The workshop concluded with a shield and certificate distribution ceremony. The shields were graciously distributed by Professor Dr. Arif Mahmood Siddiqui, Principal, RLKUMC, along with Prof. Faheem Mahmood, vice principal RLKUMC.







RLKU MEDICAL COLLEGE (RLKUMC)

THE SEERAH

The RLKUMC Youth Club organized an insightful session titled "The Seerah: A Guide for Life" on Tuesday, 25 August 2026, RLKU Medical College.

The session focused on reflecting upon the life, character and timeless teachings of Prophet Muhammad highlighting their relevance in guiding personal character, values and everyday life.

The session featured Muhammad Ali as the Guest Speaker and was attended by students and faculty members.

The program provided students with an opportunity to engage with the Seerah from a practical and reflective perspective, encouraging them to draw meaningful lessons from the exemplary life and character of the Prophet Muhammad .





















SEPTEMBER
2026

NEWS LETTER











RASHID LATIF KHAN UNIVERSITY

RASHID LATIF MEDICAL COLLEGE

RLKU MEDICAL & DENTAL COLLEGE

HAMEED LATIF TEACHING HOSPITAL

ARIF MEMORIAL TEACHING HOSPITAL

RASHID LATIF KHAN UNIVERSITY (RLKU)

TEDx RLKU 2026

Rashid Latif Khan University proudly hosted TEDxRLKU 2026, bringing together bold voices, original thinkers, and a community eager to challenge the status quo — all under this year's powerful theme: "Breaking the Cycle."

The event featured a lineup of inspiring speakers who shared personal journeys, fresh perspectives, and thought-provoking ideas on breaking free from limitations — whether societal, personal, or professional — and stepping into new possibilities. Each talk left the audience with a renewed sense of purpose and a reminder that real change begins with a single idea.

TEDxRLKU 2026 was more than just an event — it was a platform for dialogue, reflection, and growth, reaffirming RLKU's commitment to fostering innovation, critical thinking, and meaningful conversations.

We extend our heartfelt gratitude to our speakers, volunteers, and attendees who made this day truly memorable. The ideas shared here don't end today — they're just getting started.











RLKU COMMENDS HCRN'S EFFORTS IN PROMOTING NAAT LITERATURE

Rashid Latif Khan University (RLKU) expresses its heartfelt appreciation to the Hassan-bin-Thabit Center for Research in Na'at Literature (HCRN), Minhaj University Lahore, for extending an invitation to RLKU students to take part in the Inter-University Naat Competition, and for coordinating the distribution of participation certificates through the respective institutions.

At a ceremony held at RLKU, Prof. Dr. Saeed ul Hassan, Pro Vice Chancellor, awarded a Certificate of Appreciation to Mehak Fatima, a distinguished RLKU student, in recognition of her accomplishment. She was also presented with RLKU's First Position Certificate for securing top position in the Naat Competition hosted at the university.

RLKU commends HCRN for its continued dedication to promoting Naat literature and for creating valuable platforms that allow university students to nurture and showcase their literary and artistic talents.



RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU LEADERSHIP PAYS COURTESY VISIT TO CHAIRMAN, PHEC

Madam Sabahat Khan, CEO, Rashid Latif Khan Group, Prof. Dr. Saeed ul Hasan Chishti, Pro Vice Chancellor, RLKU, and Dr. Ayaz Qaiser, Registrar, RLKU, paid a courtesy visit to Prof. Dr. Iqrar Ahmed Khan, Chairman, Punjab Higher Education Commission.

The Chairman appreciated the HESP initiative organized by the Rashid Latif Khan Group and commended RLK Group's continued efforts toward strengthening higher education partnerships, fostering academic excellence, and contributing to the advancement of the education sector.





NAVTTC REGISTRATION INSPECTION AT RLISD

Rashid Latif Institute of Skills Development (RLISD) successfully hosted the NAVTTC Registration Inspection Visit on 13 September 2026.

The inspection was conducted to assess RLISD's infrastructure, training facilities, equipment, faculty, classrooms, laboratories, and institutional arrangements as part of the NAVTTC registration process.

RLISD is committed to providing quality technical and vocational education and practical skills training to equip learners with the knowledge and skills needed for today's evolving job market.

We appreciate the dedication and support of our management, faculty, and staff in making the inspection visit successful.

Rashid Latif Institute of Skills Development (RLISD)

Empowering Skills • Building Careers • Creating Opportunities









RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU HOSTS AMBASSADOR OF SOMALIA AND HIGH COMMISSIONER OF RWANDA

Rashid Latif Khan University had the honor of hosting the Ambassador of Somalia and the High Commissioner of Rwanda.

Prof. Dr. Saeed ul Ahsan Chishti, Pro Vice Chancellor RLKU, welcomed the distinguished guests. Dr. Ayaz Qaiser, Registrar RLKU, gave a detailed presentation on the university and led them on a campus tour. The distinguished guests appreciated the efforts of RLK Group in promoting education and serving the community.

During the visit, a Certificate of Professor of Practice was also awarded to Captain Faisal Khalid, CHRO RLK Group.









RLK GROUP MOU WITH ASKARI BANK FOR DIGITAL & EMPLOYEES BANKING

Employees can open salary accounts without any minimum balance or initial deposit requirement.

Free Visa Gold or Platinum Debit Cards will be issued according to the employee's salary level, without annual renewal fees.

Employees will receive free cheque books, digital banking, IBFT, SMS alerts, intercity transactions and WhatsApp banking services.

Accidental death insurance coverage of PKR 700,000 and cardless cash withdrawal through Askari Bank ATMs will be available.

Employees may also access advance salary loans and discounted credit cards, personal finance and consumer-product financing.

Preferential financing is available for vehicles, homes and solar systems, subject to Askari Bank's eligibility criteria and applicable terms.







RLKU STRENGTHENS ACADEMIC AND MEDIA TIES WITH THE DAILY CPEC AND PAKISTAN OBSERVER

Rashid Latif Khan University (RLKU) hosted Mr. Sun Yan, Consul General of the People's Republic of China in Lahore, and Mr. Saud Faisal Malik, CEO of The Daily CPEC, in a significant engagement aimed at strengthening academic, professional, and media collaborations. During the visit, RLKU signed a Memorandum of Understanding (MoU) with Pakistan Observer and The Daily CPEC to promote knowledge exchange, professional engagement, and opportunities for students and faculty. A major highlight of the visit was the inauguration of "The Daily CPEC Studio" at RLKU, formally inaugurated by Mr. Sun Yan. The initiative was undertaken under the leadership of Pro Vice Chancellor Prof. Dr. Saeed-ul-Hassan Chishti.

Dr. Ayaz, Registrar, RLKU, briefed the distinguished guests about the university's academic initiatives and emphasized the importance of strengthening university-industry and international linkages. On the occasion, Mr. Faisal, CHRO, RLKU, presented his book, The Human Code, to Mr. Sun Yan and Mr. Saud Faisal Malik. Furthermore, the Registrar announced the appointment of Mr. Saud Faisal Malik as Professor of Practice at RLKU, recognizing his professional expertise and contribution to the media and CPEC-related discourse. The visit concluded with a shared commitment to further strengthening collaboration and creating meaningful academic and professional opportunities for RLKU students.









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ACADEMIC GOVERNANCE

Board of Faculty Meeting

The Faculty of Law convened its Board of Faculty meeting to review academic programmes, curriculum structure and future programme development. The Board considered revisions to course weightage, the introduction of interdisciplinary courses, course-title refinements and development of BS Criminology and BS Financial Investigation. The deliberations focused on academic standards, market relevance, interdisciplinary learning and the Faculty's broader programme-development priorities.









RASHID LATIF KHAN UNIVERSITY (RLKU)

ACADEMIC & STUDENT ENGAGEMENT

Living in the Digital Age: AI, Cyber Challenges, Human Rights & Legal Protection

Pre-STUCON Awareness Seminar | 20 August 2026 | Auditorium, RLKU

The Law Moot Society, Rashid Latif Khan University, organised a Pre-STUCON awareness seminar on contemporary legal and ethical challenges in the digital age. Guest speakers Mr. Zain Ali Qureshi, Cyber Laws Expert and Advocate High Court, and Mr. Saad Nusrullah, Intellectual Property Law Expert and Advocate High Court, discussed artificial intelligence, cyber laws, digital rights, intellectual property and legal protection. The session brought students and faculty together for focused presentations and discussion on emerging technology-law concerns.









STUDENT-FACULTY ENGAGEMENT

Faculty Breakfast & Student Engagement Activity

The Faculty of Law held an informal breakfast and engagement activity bringing together faculty members and students in a relaxed academic setting. The gathering encouraged interaction beyond the classroom, strengthened student-faculty rapport and created space for mentoring, discussion and community building. The activity reflected the Faculty's commitment to a supportive, participatory and professionally connected learning environment.







BOARD OF FACULTY MEETING OF FACULTY OF ALLIED HEALTH SCIENCES

The Board of Faculty Meeting of the Faculty of Allied Health Sciences, Rashid Latif Khan University, Lahore, was successfully conducted on 28 September 2026. The meeting served as an important academic forum for reviewing and strengthening the faculty's academic programs, Schemes of Studies, and related academic matters.

The meeting focused on the review and approval of Schemes of Studies for various academic programs in accordance with the latest HEC/NCRC curriculum guidelines. Key academic matters included the approval of ADP programs and the review and revision of BS, MS, and PhD programs across various disciplines of Allied Health Sciences.

The meeting reflected the University's continued commitment to academic excellence, curriculum enhancement, professional standards, and quality education. The Faculty sincerely appreciates the valuable input, guidance, and contributions of the respected members of the Board of Faculty, whose deliberations support the continued academic growth and development of the Faculty of Allied Health Sciences.







PROF. DR. HUMAYUN RIAZ HONOURED AS GUEST OF HONOUR AT PAFDA WORLD PHARMACIST DAY CELEBRATIONS

Prof. Dr. Humayun Riaz, Principal Rashid Latif College of Pharmacy (RLCP) and Dean, Faculty of Pharmacy & Allied Sciences (FOPS), Rashid Latif Khan University (RLKU), was invited as the Guest of Honour at the World Pharmacist Day celebrations organized by the Pakistan Association of Food & Drug Administration (PAFDA).

The event brought together a distinguished gathering of renowned pharmacists, academicians, healthcare professionals, regulatory experts, and representatives from the pharmaceutical sector to celebrate the valuable contributions of pharmacists to healthcare and society. Among the prominent personalities attending the event was Prof. Dr. Sayed Atif Raza, along with other leading figures from the pharmacy profession.

Addressing the gathering, Prof. Dr. Humayun Riaz highlighted the evolving role of pharmacists in the healthcare system and emphasized the need to strengthen the professional identity, competencies, and leadership role of pharmacists in Pakistan. He stressed that pharmacists should move beyond traditional responsibilities and actively contribute to patient care, medication safety, public health, pharmaceutical policy, and evidence-based healthcare practices.

The distinguished gathering provided an important platform for exchanging ideas, recognizing the contributions of pharmacists, and discussing the future direction of the profession. Prof. Dr. Humayun Riaz's participation as Guest of Honour reflected his continued commitment to the advancement, recognition, and professional strengthening of pharmacy in Pakistan.





RASHID LATIF COLLEGE OF PHARMACY CELEBRATES WORLD PHARMACIST DAY 2026

Lahore: Rashid Latif College of Pharmacy (RLCP), under the supervision of Prof. Dr. Humayun Riaz, Principal RLCP and Dean, Faculty of Pharmacy & Allied Sciences (FOPS), Rashid Latif Khan University (RLKU), celebrated World Pharmacist Day 2026 with great enthusiasm and professional spirit at the RLCP campus.

The event was graced by Prof. Dr. Syed Atif Raza as the Guest of Honour, along with other distinguished dignitaries, renowned pharmacy professionals, faculty members of RLCP and FOPS, and enthusiastic students. The gathering provided an excellent platform to recognize the vital contributions of pharmacists to healthcare, patient safety, public health, research, and the pharmaceutical sector.

Speaking on the occasion, Prof. Dr. Humayun Riaz highlighted the evolving role of pharmacists in modern healthcare and emphasized the importance of professional excellence, ethical practice, quality pharmacy education, research, innovation, and patient-centred care. He encouraged students to develop strong professional competencies and take a leading role in strengthening the pharmacy profession and healthcare system of Pakistan.

The celebration featured engaging activities and meaningful interactions among distinguished guests, faculty, and students, fostering a strong sense of professional pride and responsibility. The event concluded with a renewed commitment to advancing pharmacy education, promoting professional excellence, and enhancing the contribution of pharmacists to the health and well-being of society.



RLCP remains committed to nurturing competent, ethical, innovative, and future-ready pharmacists who can serve as leaders in healthcare and contribute to the advancement of the pharmacy profession in Pakistan.







RLKU MEDICAL COLLEGE (RLKUMC)

WORLD SIGHT DAY

RLKU Medical College commemorated World Sight Day on 29th September 2026 with an awareness session organized by the Department of Ophthalmology.

The session brought together faculty members from the Basic and Clinical Sciences in a purposeful academic initiative focused on promoting awareness of eye health and the importance of vision care.

The session provided an opportunity to highlight the significance of preventive eye care, early recognition of visual problems and timely ophthalmic assessment, while reinforcing the essential role of awareness in preventing avoidable visual impairment. The initiative also reflected the College's commitment to integrating health awareness with academic and professional development.



The participation of faculty members from across the Basic and Clinical Sciences underscored the value of an interdisciplinary approach to healthcare education and reinforced the importance of incorporating vision health into broader medical awareness.







MERIT-BASED SCHOLARSHIPS AWARDED TO TOP POSITION HOLDERS OF 2ND YEAR MBBS

RLKU Medical College organized a scholarship cheque distribution ceremony to encourage academic excellence among its students.

The top five position holders of 2nd Year MBBS were awarded merit-based scholarships through the Gohar Ejaz Foundation in recognition of their outstanding academic performance. The scholarship cheques were distributed by Prof. Arif Mahmood Siddiqui, Principal, RLKU Medical College and Prof. Faheem Mahmood, Vice Principal.

The initiative reflects the institution's continued commitment to recognizing merit, supporting deserving students and fostering a culture of academic excellence. RLKU Medical College highly appreciates the Gohar Ejaz Foundation for its valuable contribution towards encouraging and supporting high-achieving medical students.



HAMEED LATIF TEACHING HOSPITAL

HAMEED LATIF TEACHING HOSPITAL (HLTH)

KOREAN DELEGATION VISITED HLTH

We were truly honored to welcome the Korean team behind Exomere to the Aesthetic Clinic at Hameed Latif Teaching Hospital, Lahore. Their expertise, passion and dedication to advanced skin science made today's training an incredibly valuable experience for our students. We are grateful for the opportunity to learn directly from international experts and to deepen our understanding of the innovative technology behind Exomere. We were especially impressed by the quality, scientific foundation and thoughtful approach behind their products, a perfect reflection of the innovation for which Korea is renowned in advanced skincare. At HLTH, we believe in continuously learning, evolving and bringing the latest advancements to our clients. Proud to learn, Proud to grow, Proud to bring global skincare innovation closer to you.







EDUCATIONAL SESSION ON GLP-1 RECEPTOR AGONISTS

An educational session on GLP-1 receptor agonists was conducted by the Department of Obstetrics and Gynecology, Hameed Latif Teaching Hospital on 2 September 2026. The session aimed to enhance healthcare professionals' understanding of the emerging role of GLP-1 therapies in the management of obesity and polycystic ovary syndrome (PCOS). The activity was organized under the supervision of Prof. Dr. Shaila Anwar. Key outcomes of the session included practical updates on the use of GLP-1 receptor agonists in clinical practice, clarification of common misconceptions surrounding GLP-1 therapies and discussion of patient selection, monitoring and safety considerations. The session was attended by consultants, medical officers and staff nurses fostering multidisciplinary learning and improved patient care.






HAMEED LATIF TEACHING HOSPITAL

HAMEED LATIF TEACHING HOSPITAL (HLTH)

WORLD PHARMACIST DAY

On the occasion of World Pharmacist Day, Hameed Latif Teaching Hospital (HLTH) organized a special session under the theme "Empowering Pharmacists for Healthier Futures." The event highlighted the vital role pharmacists play in improving health outcomes, strengthening health systems, preventing disease and expanding access to care. A cake-cutting ceremony marked the occasion and gift hampers were distributed to pharmacists who demonstrated outstanding performance over the past year. At HLTH, we remain committed to recognizing and empowering our pharmacy team as essential partners in delivering safe, effective and patient-centered care.








INHOUSE TRAINING SESSION ON RESUSCITATION SERVICES, CODE BLUE & BIOMEDICAL EQUIPMENT HANDLING

Training session were conducted in the Hospital Conference Room (Ground Floor, HLTH) on 30 September 2026 on Resuscitation Services, Medical Emergency (Code Blue) and Biomedical Equipment Handling to all Medicine and Allied departments and Surgical and Allied Departments. All available doctors, nursing staff and paramedical staff from the respective departments attended the sessions. Following the theoretical training, hands-on practice was conducted allowing all participants to apply and reinforce the skills learned. These sessions are part of HLTH's ongoing commitment to strengthening emergency response capabilities and ensuring safe, competent handling of critical biomedical equipment across all clinical areas.







HAMEED LATIF TEACHING HOSPITAL

HAMEED LATIF TEACHING HOSPITAL (HLTH)

WORLD HEART DAY

Awareness Walk & Session

On the occasion of World Heart Day, Hameed Latif Teaching Hospital (HLTH) organized an Awareness Walk and Educational Session to emphasize the importance of continuous vigilance regarding heart health. The event aimed to encourage the adoption of healthy lifestyles, promote awareness of early warning signs of heart disease and urge individuals to seek timely medical attention. The awareness walk commenced at 10:15 AM, followed by an educational lecture at 10:30 AM in the Life Plus Teaching Room (OPD Area). The Prof. Arif Mahmood Siddiqui (Principal RLKUMC) and Dr. Zubair Ashraf (Consultant Cardiologist & ICU) served as guest speaker, sharing expert insights on cardiovascular health, risk reduction and the importance of early detection and management. At HLTH, we remain committed to community education and proactive measures for heart health.











HAMEED LATIF
TEACHING HOSPITAL